Be Good To Yourself

LOVE YOURSELF
ACCEPT YOURSELF
FORGIVE YOURSELF
AND BE GOOD TO YOURSELF
BECAUSE WITHOUT YOU
THE REST OF US ARE WITHOUT
A SOURCE OF MANY WONDERFUL THINGS
"Love yourself, accept yourself, forgive yourself and be good to yourself. Because without you the rest of us are without a source of many wonderful things."

If we don't embrace the fact that throughout our lives, we won't do everything right, we will never be able to create the things from our heart that we are destined to create. True art can be born out of a lot of things, but one thing that will most certainly prevent us from creating the things that are inside of us to present the world is not being able to accept ourselves for who we really are now.

You can choose to try and live in the past if you really want to, but doing so will impede growth in every area of your life, including your ability to create your art for the world to be able to see. We are all artist who paint daily on our own canvasses. Be sure to keep believing in yourself, no matter who you used to be, and no matter what mistakes you make in these present days.

Source: [here](https://tiest.staff.ipb.ac.id/?p=6729)
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