Commitment & Excellence in Life

Thought of The Day:

Happiness is inward and not outward; and so it does not depend on what we have, but on what we are. ~Henry Van Dyke~

Words of The Day

Commitment and Excellence in Life

Commitment is the language of the wise,
Complaint is the language of the fools.

Commitment is a responsibility and also includes accountability.
In life, one should be responsible as well as accountable.
Generally one takes responsibility without accountability; this weakens one’s being. Our weaknesses result in disappointment. Disappointment should be cremated and not garlanded. People derive a sadistic pleasure from disappointment.

This is a primitive pleasure, like a grown-up boy sucking his thumb. To cremate disappointment, one should strengthen one’s strengths. The greatest strength comes from the energy of commitment and brings in excellence in all walks of life. Few people traverse the road of success without a puncture or two but it is commitment to excellence that takes them through. Observe nature and see how other being are committed.
For example, **look at an eagle.**

From a range of 5 km, it focuses on its prey. Can we focus on our goals like an eagle? An eagle does not eat a dead prey. Can we learn not to live on dead information? If there is a storm, the eagle can glide on the strong breeze. It tests its wings and enjoys the storm and the challenges associated with it.

Can we enjoy difficulties and convert them into challenges? An eagle does not mix with other birds. It soars high on its own. Can we be part of an average crowd and still soar high on our strengths? An eagle tests before it trust. Before mating, a female eagle tests its partner. It picks up a twig, flies high and as the male follows, it flies around to escape and finally drops the twig. Before the twig falls on the ground, the male catches the twig and gives it to the female. It repeats this act. If a male succeeds in catching the twig consistently, then it allows mating to take place.

Similarly, like an eagle, can we test before we trust?

Observe the commitment of an eagle in bringing out excellence while choosing a partner first and parenting later. Bring similar commitment to all walks of life; be it at family, at work, in society or in your spiritual life.

Difficulties are like divine surgery.

*Do not resist difficulties.*

Nature expects us to use our heart and head to discover new and wise skills to fly in life.

*Commitment creates integrity.* In this state, it is easier to bring forth the excellence in our lives.
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