Daring Freedivers

Take a deep breath: Record-breaking freediver swims 121 metres below the water WITHOUT air

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Divers at the 2012 freediving world cup in the Bahamas probably had other things on their minds than taking in the beautiful scenery of the picturesque bay.
The competitors took their lives in to their own hands as they dived without air, with some reaching depths of more than 100 metres in the contest.

New Zealand competitor William Trubridge broke a national record as he completed a dive to 121m (under constant weight) in Dean’s Blue Hole on Long Island, in the Bahamas.
Freediver William Turridge, from New Zealand, won the world cup event in the Bahamas.
The event took place at Dean's Blue Hole, which plunges 202 metres in a bay west of Clarence Town on Long Island, Bahamas
The competitors came from all around the world, to see how far they could dive without air
American diver Ashley Futral Chapman broke a world record by diving to 67 metres (223 feet) with just a single breath of air in her lungs in the freediving discipline of Constant No-Fins. Freediving is a form of underwater diving that does not involve the use of scuba gear or other external breathing devices, but rather relies on a diver's ability to hold his or her breath until resurfacing.

The champions of the 2012 Suunto Vertical Blue competition were Alena Zabloudilova from the Czech Republic in the women's event and William Trubridge in the men's. The event took place at Dean's Blue Hole, which is the world's deepest known blue hole with seawater, in a bay west of Clarence Town on Long Island, Bahamas.
Ryozo Shinomiya of Japan in action during the Suunto free diving world cup
Yuki Moto of Japan comes up for air
Liv Phillip of Great Britain takes the plunge
Ashley Futral Chapman broke a world record during the diving world cup
William Trubridge diving the 202-metre deep Dean's Blue Hole
Alexey Molchanov of Russia comes to the surface
Deisy Marquez of Venezuela in action
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