I will not die an unlived life. I will not live in fear of falling or catching fire. I choose to inhabit my days, to allow my living to open me, to make me less afraid, more accessible, to loosen my heart until it becomes a wing, a torch, a promise. I choose to risk my significance; to live so that which comes to me as seed goes to the next as blossom and that which comes to me as blossom, goes on as fruit.

—Dawn Markova—
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Every day is a day that we can be doing something important to us. We can't get baffled by life and all of the options that we have to choose from on an everyday basis. In whatever we do we have to be consistent. No matter what we do we have to be willing to give the same effort towards the things that we really care about on a habitual basis. What you decide to do is up to you, just be sure to do something relating to your core beliefs, and what you think that life means.

We have to dedicate our lives to becoming better and better in the areas that we believe to be most important. Only then will you be able to live openly without fear, and to sow seeds that will produce good fruit! Consistently sow from the heart, and you will consistently reap great harvests.

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