"In the end, it's not going to matter how many breaths you took, but how many moments took your breath away."
How many moments in your life were breathtaking? I bet asking that question alone brought back a memory or two of a breath-taking view you had at some point in your life? This is exactly what memories are for, and this is why we should always make a good effort to make new ones.

Making a good memory usually consists of doing something that helped symbolize some type of change in your self. Memories are made by the things that you love, the things that inspire your persona, and the things that become a part of you and add to you, instead of take away from you.

Cherish your memories, and cherish each moment you are given to make new ones. If you are blessed with a long life, at the end of it you will look and think back occasionally, not remembering full days or full lengths of time, but instead thinking back upon life-changing moments in time.

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