Begin And End With A dream

Dreams are important for all ages. Dreams encompass goals and more. They give your life purpose, direction, and meaning. They shape your life choices, help you build toward the future, and give you a sense of control and hope. They're an expression of your potential and give voice to your talents. They're a source of pleasure and help develop the self. And they can change the world – just think of those famous words from Martin Luther King, Jr., "I have a dream!" Dreamers are the ones who have the courage and creativity to see beyond "what is" to "what can be" to make a difference in their own life and the lives of others.

The end of the year in particular is a milestone that deserves to be recognized, milestones are those moments in our life when our personal star shines a little more brightly. They mark the passage of time and our progress in the journey of life. It's
important to help us develop a sense of time and where we are in our life, as well as celebrate our accomplishments.