This is the most mysterious anesthesia circle system.

Just relax and look at the blue gas moving back and forth in the circle system.

Take SLOW breaths in and out. It is important that you do this slowly.

Mysteriously, after some breaths, the blue gas will go one way with inspiration and go the other way during expiration!

If you stop breathing, it will lose track and again randomly move back and forth.

Have a go now.
Take SLOW breaths in and out while looking at the blue gas.
Posting Disclaimer Notice:
This posting is not my own creation collection. My effort is copy paste only. I got it from internet posted by someone else. I’m just saving some time for you to avoid searching everywhere. I’m not violating any copy rights law or not any illegal action which I'm not supposed to do. If anything is against law please notify me so that it can be removed.