The Right Brain vs Left Brain

The Right Brain vs Left Brain test ... do you see the dancer turning clockwise or anti-clockwise?

If clockwise, then you use more of the right side of the brain and vice versa. Most of us would see the dancer turning anti-clockwise though you can try to focus and change the direction; see if you can do it.

**LEFT BRAIN FUNCTIONS**

- uses logic
- detail oriented
- facts rule
- words and language
- present and past
math and science can comprehend knowing acknowledges order/pattern perception knows object name reality based forms strategies practical safe

**RIGHT BRAIN FUNCTIONS**

uses feeling "big picture" oriented imagination rules symbols and images
present and future
philosophy &
religion
can "get it" (i.e.
meaning)
believes
appreciates
spatial perception
knows object
function
fantasy based
presents
possibilities
impetuous
risk taking